Discovery of Watercolour for Spiritual Art

2026

A Course Booklet for Beginners

COURSE 1

intuition
expression
spirituality
mindfulness
creativity
healing

"Paint what you feel, then let the water show you the rest."

THE PORTRAIT OF SPIRIT

by Anne-Marie Bond | spiritualstars@gmail.com

A Transformational Watercolour Mentorship for your Soul.

About this Booklet



Awakening the Artist Within

Have you ever thought I wish I could draw or paint? Do you consider yourself a non-artist, or perhaps near the starting point, or maybe have just ‘a little skill’? Perhaps you've never painted before, or perhaps you're searching for a peaceful and creative way to express your spirituality and deepen your spiritual connection; I I believe this is your next step in your spiritual unfoldment.

Course I of this upcoming five-week journey has been designed especially for beginners.

A Transformational Watercolour Mentorship for your Soul.

(Course 1) Foundation
(Course 2) Improvers
(Course 3) Activate the Inner Artist

If you want to read just the need-to-know information, i.e, gain the gist of the mentorship, then I recommend the following eight pages for a ‘shorter read’.

Short Read: **Pages 6, 13, 16, 18** (Investment)**, 20, 28, 40 to 41**

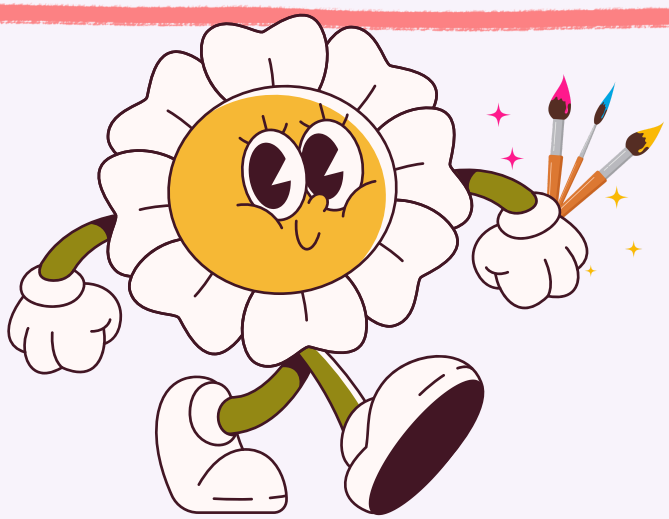
It's important to remember that **watercolour art** is not just about innate talent; it’s about expression, exploration, and growth. You just have to pick up the pencil, or in this case the paintbrush! *It’s recommended you read ‘everything’ in this handout!*

Enjoy reading, and I hope to see you in class!

Anne-Marie x



Welcome



Welcome to the Portrait of Spirit | New Spirit Painting Mentorship.

If you are brand-new to the art pathway, or have dabbled just a touch as a novice, you are invited to join the upcoming watercolour mastery mentorship designed for spirit artists, psychic artists, creative artists, or anyone who doesn't **yet** consider themselves creative or an artist

Joining this art training mentorship can be a **wonderful opportunity** to unleash your creativity, learn new skills, and connect with others who share your interest. Taking the first step is the hardest! Join others and start the road to a new way of connecting with the inner spirit.

Every student's journey is unique, and should you enrol, you may find unexpected joy and fulfilment in creating something uniquely yours. Don't let **self-doubt** hold you back; it's time to embrace the chance to discover what you can create!
Should you wish to jump to specific pages, here are two helpful ones.

Courses 1, 2 & 3 information - ***page 16*** Investment / discount price - ***page 18***

If you're reading this booklet online via a PC or Laptop, please pay attention to the symbols you can click located in the upper right corner of the page.

Print

Contents **Turn music off**

Share Book **Maximise Book**

Do I have to be an Artist to Join?

A simple answer, no



What's Your Artistic Level?

If you've never touched a paintbrush, that's fantastic! You're perfectly positioned to join us. If you've only dabbled in watercolour a bit, you're welcome too! However, if you are already teaching spirit art or have advanced art skills, this mentorship may not be the best fit for you. This mentorship is designed to help novices and non-artists discover and **awaken the artist within!**

If you're thinking, "Hey, I'm no Picasso, would I really learn anything?" The answer is a resounding YES! You'll pick up a ton and then some!

It's important to remember that art is not just about innate talent; it's about **expression**, **exploration**, and **growth**. This art mentorship is tailored to your Spiritual mindset, awareness of spiritual communication, and reasons we may call upon Spirit to join us. This is the right time and a great and wonderful opportunity to unleash your creativity, learn new skills, and connect with others who share your interest.

Everyone's spiritual journey is different, and you might find unexpected joy and fulfilment in creating something uniquely yours. Don't let ***self-doubt*** hold you back; it's time to embrace the chance to discover what you can create!

TO REGISTER - VISIT
www.theportraitofspirit.com/watercolour

Let's Begin The Change Together!

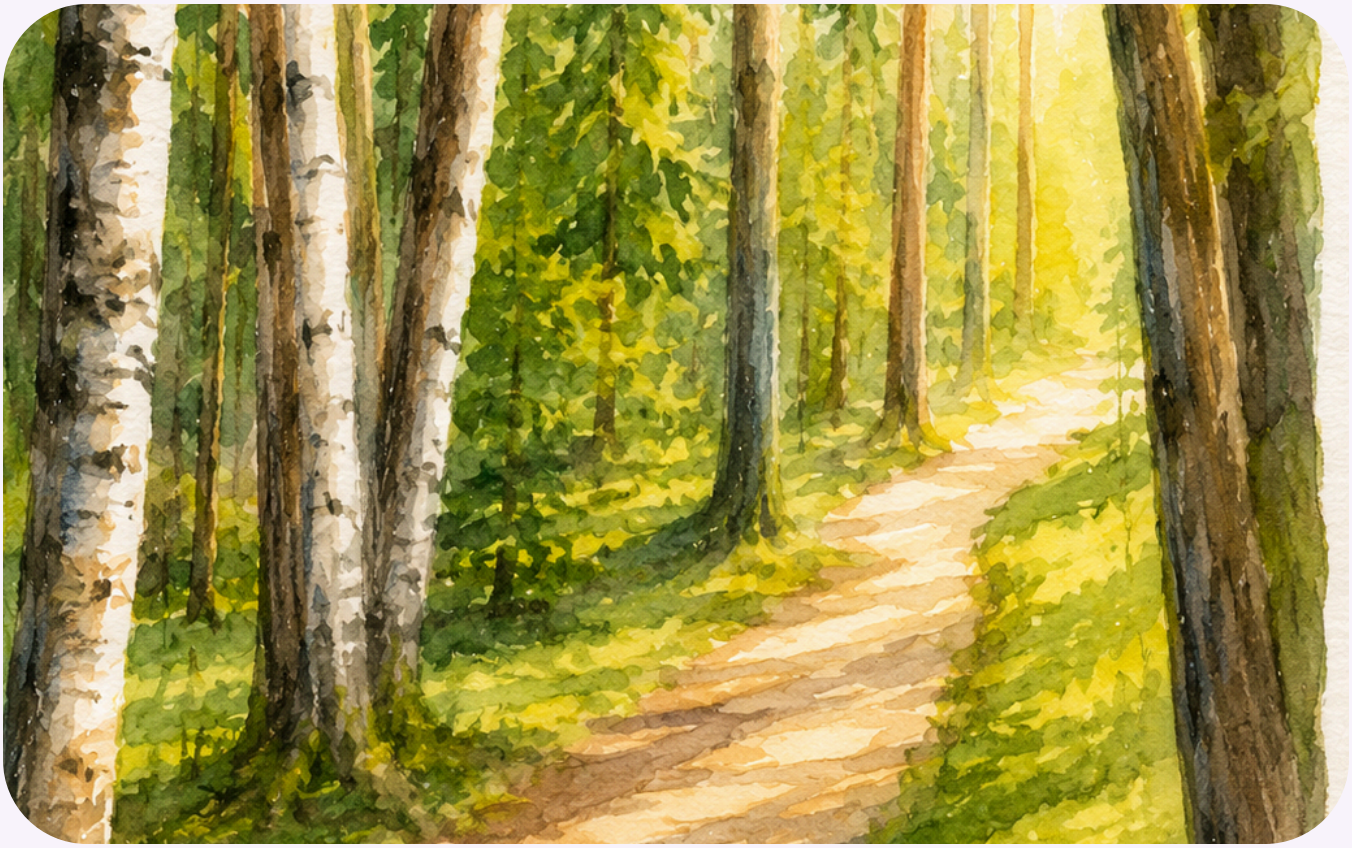
Most people don't start a spiritual art journey
because their reasoning is:
"I'm **not** an artist"



Set your expectations at the right level, and you will grow within your comfort zone, pushing it slowly at a pace where you can see progress. Although we may want our first painting to mirror that of someone with over 30 years of experience, we must be realistic. Starting at the foundation level is the best course of action for beginners.

Within your 1st, 2nd, and 8th lessons, setting a personal expectation that your art should look like a Rembrandt or Michelangelo painting is a bit unrealistic; however, maybe... settle for a Picasso-style.

Who knows, within a few months you may recognise a love of art using watercolour, and perhaps Spirit has driven your interest to this point. Have they been waiting for you to do this all along?



Taking the First Step is Hardest

Welcome to the Discovery of Watercolour for Spiritual Art.

This mentorship, and especially **course 1**, is designed for beginners, perhaps like yourself, who haven't painted before but wish to take your first steps into the gentle, intuitive world of watercolour painting.

You'll watch live demonstrations, follow step-by-step tutor-led instructions, receive helpful handouts, complete knowledge work and much more.

A Transformational Watercolour Mentorship for your Soul.

You may not consider yourself an artist now, but by the end of the mentorship, you will be!

-Anne-Marie Bond

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Are you an Artist?



Some people **never get to embrace** the joy of developing their artistic abilities or walking down the path of art, simply because they do not consider themselves artists.

Until you pick up the brush, you'll never be.
Did you consider yourself a 'driver'
before learning how to drive?

Having a working, spiritual art teacher like Anne-Marie will gently yet professionally support and guide you, helping you build confidence. Just because you're not an artist today, tomorrow, next week, doesn't mean next year you won't be.

If you've got to start somewhere, **why not start** with this mentorship that is created just for you? The right pace, spiritually and musically themed, atmosphere-friendly and supportive. Step-by-step tutorials. Private group page on the website to upload your work and much more.



The Magic Begins

Believing you don't have an artistic bone can stop you from pursuing a path in art.

The potential for self-discovery through learning to draw and paint can open a whole new spiritual side. You will experience the wonderful, relaxing therapeutic benefits of painting while exploring a blended connection with Spirit as you learn and uncover new depths within your spiritual pathway.

The magic of watercolour painting is powerful; it can aid towards a **high sense** of **wellbeing**, **stillness**, **deepening Spirit meditative connection** and much more. As water meets pigment on the page, something magical begins to unfold.
You will learn to trust the process, let go of perfection, and allow your inner artist to emerge. All the elements you still need when working mediumistically.



Your Art Journey Begins Here

A Transformational Watercolour Mentorship for your Soul.

The discovery of watercolour is a specialised mastery mentorship programme divided into three-level courses;

Course 1 - July 2026 (Foundation)
Course 2 - November 2026 (Improvers)
Course 3 - March 2027 (Activate the Inner Artist)

Attend just one course, or all of them. They have been designed as a progression from the complete beginner (never painted before) to, ideally, any student who has been a previous mentee in a previous mentorship with Anne-Marie. You can read more about her on ***page 40***.

The materials list will be provided once you have enrolled.



Therapeutic Spiritual Art

If you are willing to invest in your learning, it means taking ownership of your skill development.

How can learning to paint in watercolour help your mediumship? Well, this is what you will learn. By starting this new **spiritual creative path,** you might later use it in your offerings to Spirit.
The mentorship focuses on more than just Spirit faces; you will explore nature, animals, seascapes and other areas. Ideal if you are also drawn to Spirit Art, Psychic Art, Intuitive creativity, Expressive painting, and Altered-state trance-inspired art, and as there is a twist: it's not just about the art of painting but the infusion of spirit connection. We will explore this aspect in Course 3.

Course 1, the first of the spiritual art watercolour mastery mentorship programme, gently blends foundational watercolour skills with personal and spiritual artistic exploration.

Expect to follow along with step-by-step live-tutor painting demonstrations.



Completion Certificate

Students earn their certificate through **demonstrated progress**, with an end-of-mentorship practical painting assignment (not an assessment). Students are not offered certificates merely for attending class; progress must be evident. At the conclusion of the mentorship, your completion certificate will be ready!

This marks the first Watercolour Spirit Art certificate offered by the Portrait of Spirit online spiritual development school.

By the end of the Mentorship, you have the opportunity to (optional) join an advanced masterclass of spirit art and watercolour to gain the skills needed to confidently sketch and paint independently.

When you proudly **display** your 'Watercolour Mastery Mentorship Programme' completion certificate on your wall (after finishing all three courses), you'll take a moment to appreciate your achievement.

No prior drawing or painting experience is necessary to enrol in Course 1.

TO REGISTER - VISIT
www.theportraitofspirit.com/watercolour

Private Course for Certificate



However, students wishing to jump straight to courses 2 and 3 **must first** complete the previous course (or gain the required skills in a private 1:1 session).

QUESTION: **What if course 1 has begun, or you're unable to attend the July dates?**

It's understandable there will be people who READ this booklet after the first course has begun, or know they have prior commitments that conflict with the July Course 1 dates.

So, in order to still qualify for the certificate and additional benefits, instead of enrolling on the course, you have the option to gain the training as a private, fast-track class masterclass with Anne-Marie to ensure you have all the necessary skills, tips, and techniques covered. This will allow you to join the following course and remain in line to earn the certificate.

*Private sessions can be arranged to suit your **preferred** timezone.*

Email Anne-Marie: spiritualstars@gmail.com



Step by Step

This **Awake the Artist within** watercolour mastery programme has been specially designed to teach you how to build real confidence painting with watercolour, step by step, layer by layer. Using the right amount of water, using the local colour for shading, and more. Each session, students will learn to evoke their spirit team's presence to observe what you are doing.

Anne-Marie will teach you how to work with a limited palette, create soft glowing washes, control water with confidence, paint reflections and atmosphere, blend colour beautifully, and understand the foundations of layering, glazing, shadows, and wet-on-dry techniques, *all while creating artwork you'll feel* ***proud to display.***

Learning with Anne-Marie online means the training is accessible to anyone, anywhere in the world, so you have a wonderful opportunity to work with students from around the world, all in one class.

Please remember, there are a limited number of spaces.

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The Techniques Covered

As you progress to **courses 2 and 3**, you'll begin developing more intermediate control and artistic understanding, including edge control, gradients, negative space, brush pressure, pigment strength, drying stages, expressive blending, and shape simplification.

This mentorship is not about overwhelming you with difficult realism from day one. It's about helping you **finally understand watercolour properly** in a fun, easy-to-follow and professional way.

Some of the information in this booklet may be repeated along the way just to ensure you've understood the amazing journey you're about to embark on. It's going to be magical!

Many people hesitate to start their art journey, believing they must be an "artist" first. Anne-Marie's mentorship program aims to dispel this myth, emphasising that even stick-figure / stick-people / match-stick artists have creative potential!



Your License to Art

Developing your artistic license!

Much like obtaining a driver's license, **once** you possess the skill (i.e., the license to drive anywhere in the world), you have the freedom to explore anywhere in the world with your art. With this skill in hand, you can express your creativity through painting whatever your soul inspires you to create.

Each session is a chance to **slow down**, **breathe**, and **connect** with your creative spirit in a way that feels natural, joyful, and therapeutic.

A Transformational Watercolour Mentorship for your Soul.

TO REGISTER - VISIT
www.theportraitofspirit.com/watercolour



The Mentorship Courses Information Summary

Course 1: Discovery of Watercolour for Spirit Artists

Anne-Marie will teach you about the best paper, brushes, and paint sets, and how to start painting using the wet-on-wet, dry-brush, and dry-on-wet techniques, and so much more. No prior art skills required, as you'll learn everything that's needed. If you are a complete beginner to art or just a step above, you are welcome to sign up.

Course 2: Discovery of Ink & Wash Spirit Art

Build on your foundational skills as you explore ink-and-wash techniques for spirit guides, nature studies, and expressive Spirit portraiture. Develop confidence in edge control, tonal contrast, loose line work, atmosphere, and combining pen with flowing watercolour.

Course 3: Expressive Portraiture Watercolour for Spirit Artists

An intermediate-level course focused on expressive portraiture, spirit animals, and intuitive painting techniques. Explore layering, glazing, mood, abstraction, colour harmony, and emotional storytelling as you develop your own artistic voice and style.



Discover Your Artistic Journey through a Five-Week Course

COURSE 1: 03 July 2026 to **31 July 2026** (Each Friday)

This five-week course **is tailored for you**, the absolute beginner, who is ready to stop merely observing others showcasing their art progress and instead embark on your own creative journey. It's designed for people who are spiritually awakening and want to explore and uncover their potential in spiritual art.

How **often** do you give yourself the time to learn?
Have you **fallen** off the art wagon and want to get back on?

Anne-Marie is a professional, organised, structured, and top-tier spiritual art tutor and mentor. She has created this specialised mentorship to help you unlock the artist within and is open to a limited number of students.

Sessions for Course 1: Every Friday | Class Recorded if you're unable to attend



Investment in a Life-long Skill

Mentorship full dates on page 41

The mentorship is geared towards spiritually awakening minds; the essence of connection will be to invite Spirit to observe your development. By enrolling in courses 2 and 3 together, you will receive a great discount (see below). To read more about each course's details and full dates, see page 41.

This offer is time-sensitive, so please take advantage of it soon.

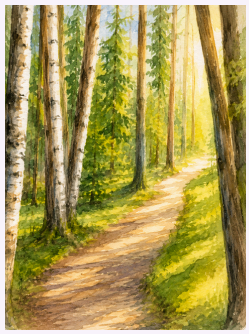
Course 1: (Fri's) (7pm) 03 July 2026 / The investment is £325
Course 2: (Fri's) (7pm) 06 Nov 2026 / The investment is £325
Course 3: (Sat's) (7pm) 06 Mar 2027 / The investment is £325

EARLY BIRD OFFER

One-time **Early-bird** offer: **£70.00** discount when booking courses 2 and 3 together, if paid in full by 30 August 2026, provided that course 1 has been paid for prior to the course commencement date (or completed in a group or private session). Instalments accepted. Pay for Courses 2 and 3 by **31 July** for **VIP** Status.

To reserve your spot, visit: **www.theportraitofspirit.com/watercolour**






Mentorship Overview: From Beginner to Intermediate in Spiritual Art Watercolour Painting

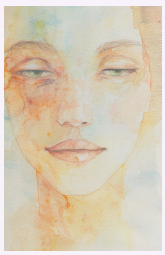
The Mastery Watercolour Mentorship Programme is thoughtfully designed to help you develop and enhance the skills necessary for painting a wide variety of subjects in watercolour. You will start as a **beginner**, and by the conclusion of Course 3, the aim is for you to have progressed to an **intermediate** level.

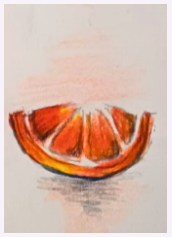






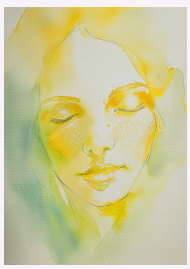


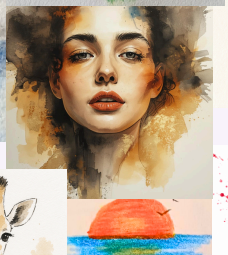







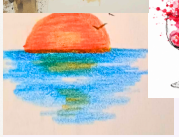




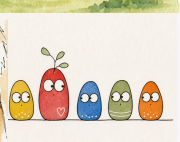








Samples of some of the art created

The Watercolour Mastery Mentorship 2026 / Artwork Course Samples

Anne-Marie will teach you a unique method that can help you see that you can actually paint. As a beginner, your paintings don't need to have a super-realistic finish in order for you to believe you've made a REAL watercolour painting.



Sample of Course 1

What Anne-Marie won't teach is: complexity **before** confidence, realism **before** brush control, and perfection **before** your enjoyment. Anne-Marie is not trying to make you, **as a beginner**, produce 'professional paintings', but to teach the steps towards your advancement in an area you possibly thought was impossible. That you could be an artist! Her aim is to bring out the artist in you!



Sample of Course 3



Sample of Course 2

Anne-Marie's teaching style will help you create small achievable wins, build confidence, develop an understanding of watercolour behaviour, and produce attractive finished outcomes quickly.

All you have to do is trust the process. If your heart has been reaching out for a deeper connection in your spiritual work, if you've been looking for a 'SIGN', or you've been suffering from a lack of confidence, then perhaps Spirit has guided you here.

By the End of Course 3

By the end of course 3, you will have built enough confidence in using watercolour to feel like an artist. Wouldn't it be amazing to see your finished paintings hanging on your walls! Anne-Marie will be holding an online Gallery show for the public to see all the wonderful art created by students.



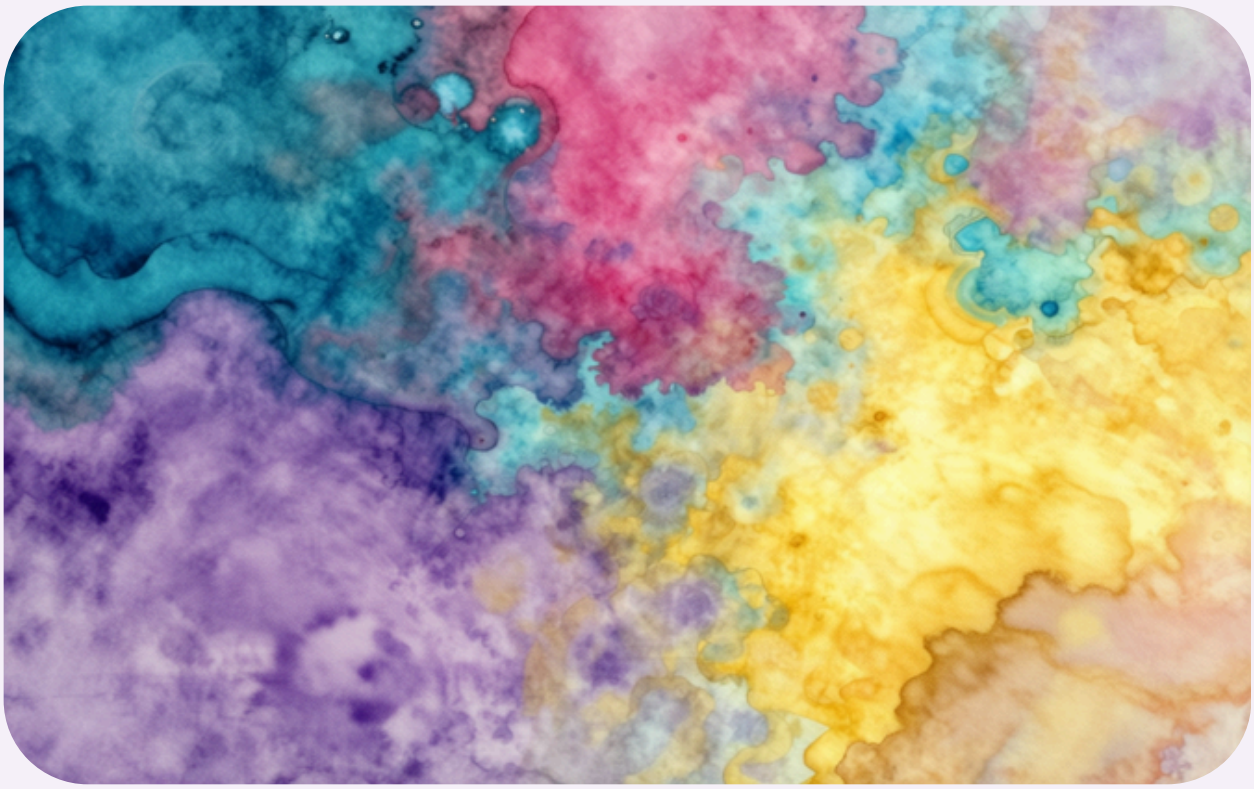








"Joining is worth every bit of the investment" Ejay



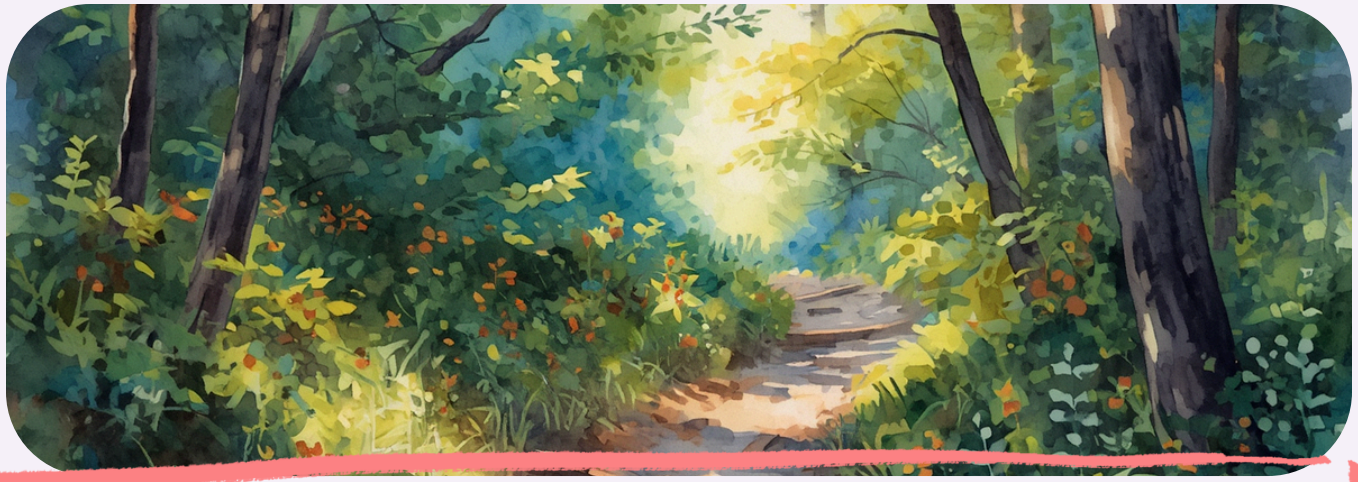
Connecting with Water & Pigment

So, let's talk a bit about Watercolour for Beginners

It's unlike any other medium. It has a life of its own. While you could learn on your own, it can **take years** to gain an understanding where you feel confident. However, Anne-Marie is known for her ability to fast-track students, condensing a year of training into a few months, sometimes weeks!

When you place pigment onto wet paper, the water carries it in unexpected directions, creating soft blooms, gentle gradients, and beautiful surprises. However, not being able to understand the water content can make you, as a beginner, lose hope and never return to watercolour.

While there are more complex techniques for more realistic and advanced paintings, the first step is learning to paint at the beginner level. Each class is tailored for **complete beginners** as well as those with some experience, such as in spirit portraiture or creative art. However, it's not designed for intermediate or advanced students. The primary aim is to help newcomers discover their creative flair!



Exploring the Benefits of Watercolour for Your Spiritual Journey (1 of 4)

What could watercolour development offer you?

Mediums - Speakers - Healers - Administrative - Cleaners

You've considered the investment and find yourself asking what Watercolour can truly offer you. Is it worthwhile? Will it be beneficial? What do you do with your skills after completing the course?
Maybe there's another course you're thinking about, and financially it may mean you have to forgo that one for this one. So you may even ask: If I'm only interested in mediumship, how does it enhance my spiritual practices?



Whether you are a **developing** medium, speaker, healer, teacher, group leader, coach, or in any other role, if you're on a quest to **unlock** and **expand** your spiritual abilities, you will, over the years, invest a lot of finances into your progression. Many students who have lost confidence have walked away from their mediumship development ***after investing*** thousands of pounds/dollars.

The addictive mental drug - holding you in the desire of perfecting your evidential mediumship can keep you locked in the training and payment cycle for years as you engage in course after course, workshop after workshop, to hopefully one day find the teacher that will make it all **one day** 'connect for you', and that's okay if you enjoy it. Mediumship is a wonderful skill to obtain. The issue is if **you still feel** that you're **not** making much progress.

continued...



Exploring the Benefits of Watercolour for Your Spiritual Journey (2 of 4)

What could watercolour development offer you?

Should you pursue Mediumship or Art?

Mediumship is a lifelong journey; however, **not everyone** is meant to be a medium. Some find this out sooner than others who have spent thousands pursuing the required skill to become a platform demonstrator.

It can become an addictive habit, like an insatiable thirst, to learn how to gather better evidence, how to build a closer bond with spirit, to become a better medium. The desire to be of service to Spirit and to feel you're not good enough can, for some, take years before any progress is felt. Sometimes people don't realise until **many years later** that their service path to Spirit was always meant to be something completely different. I love working with students to find new ways of working and deepening their connection to Spirit.

The Magic of painting with watercolour, with the intention of Spiritual Art, even the complete novice, the total beginner, can learn a skill and gradually develop it to an advanced level with the right guidance and practice.

What many people don't realise is that creative development can **also support** spiritual development. Through watercolour and expressive art, students often begin to strengthen qualities important to mediumship and intuitive work, including observation, emotional awareness, imagination, symbolism, sensitivity, focus, surrender, patience, and trust in first impressions. This is another key skill that helps you unfold your abilities and connect with your spirit team.

continued

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Exploring the Benefits of Watercolour for Your Spiritual Journey (3 of 4)

What could watercolour development offer you?

Can watercolour help your connection with Spirit?

Watercolour teaches you to **slow down** and become **present**. It encourages you to work **with flow** rather than force, to **observe subtle changes**, to become more observant of details, and to respond intuitively in the moment. These are many of the same inner qualities that developing mediums seek to cultivate in their spiritual practices. Art becomes more than painting. It becomes a way of learning to **trust yourself.**

The art of Spirit art in watercolour helps you connect to your soul, your inner spirit, and with the invitation of those who work with you within the Spirit realm. Working in watercolour could help your Spirit Artist Guide, waiting to inspire your mind from Spirit, who may watch and observe your progression in this mentorship so one day they can begin influencing your mind with inspired art. You will find your first steps into art an investment that helps you develop a lifelong skill.

In the advanced masterclass, beyond Course 3, learning to paint spiritual forms can reflect the fluidity of your thoughts and emotions. It provides a means of **expressing feelings** that might be difficult to convey in words. As you navigate the unpredictable flow of colour, you'll learn to appreciate imperfection and discover beauty in the unexpected. This creative journey can evolve into a meditative practice, helping you centre yourself and deepen your connection with your inner self.

continued



Exploring the Benefits of Watercolour for Your Spiritual Journey (4 of 4)

What could watercolour development offer you?

Finding the balance of art and developing mediumship.

Additionally, watercolour can symbolise life's uncertainties and the beauty that arises from relinquishing control. Each brushstroke can transform into a prayer, each wash can become a meditation, and each finished piece can stand as a testament to your journey.

Regardless of whether you seek relaxation, personal growth, or a deeper spiritual connection, watercolour offers a gentle yet profound path to explore both your creativity and soul. Spiritual practices go far beyond the journey and single development of mediumship. Expanding, exploring, and expressing in art is powerful.

So even if you're currently in the pursuit of perfecting your mediumistic evidence, allow the flow and control of watercolour Spirit art to move you into a **healing state** of **being present** with **Spirit**, so you can learn to **let go** and **surrender** in other aspects of your developing spiritual practices.

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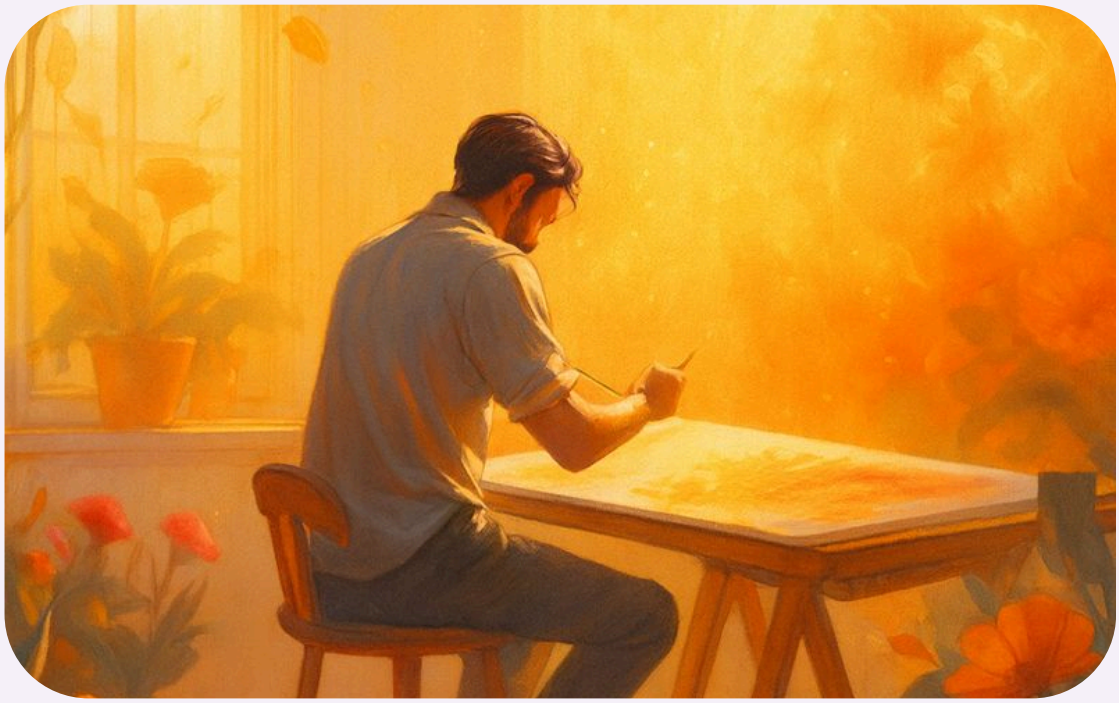


Healing Intentions

Live Training

Every class is live and tutor-led, where you'll receive a demonstration and then follow along step-by-step from the comfort of your home. In course one, students are taught the foundations, then you and others will move on to practising **wet-on-wet** and **wet-on-dry** techniques. Anne-Marie will teach you how to guide the paint rather than control it. This is where the magic lives, in the space between intention and surrender, where spirit and creativity dance together on the page.

You will also learn how to correct mistakes in your watercolour work and embrace the process of colour theory. The skills acquired will enable you to create artwork infused with metaphysical healing intentions.

Investment Information:

- Please note that this training has a cost; it's not free.
- Your investment in your training provides a practical lifelong skill
- Obtain visual improvement of your developing skill in each class
- This course offers a great blend of applying theory to practical art.
- By the end, you will have completed at least 20 different art projects.

Perhaps these newfound skills will be the starting point for creating 'healing wellbeing' art.

THE PORTRAIT OF SPIRIT



VIP Students

VIP Member Benefits

By enrolling in all three courses before **July 31, 2026**, you'll achieve VIP status and receive a beautiful 6x4 artwork print created by Anne-Marie at the conclusion of the mentorship, along with your certificate and a small additional gift.
You will still receive the discount bonus mentioned on **page 18**: a £70.00 reduction if payment is made by **August 30, 2026**, for both Courses 2 and 3.

Moreover, you will have the chance to join an **exclusive** VIP training session with fellow VIP participants during Course 2, aimed at further enhancing your skills, provided you've signed up for all three courses by July 31.

To boost your spiritual communication abilities, you'll gain free access to the Platform Mediumship Practice Workshop for developing mediums.
This is an opportunity you won't want to miss!



The Language of the Soul

The language of the Soul communicates through colour, symbolism, vibration, and frequency.

Course 1 marks a new chapter in your spiritual quest to serve the great Spirit in the best way you can, and as you uncover fresh insights, you can continue to use all the techniques to further connect more deeply with your Spirit team.

In **Course 2**, we explore watercolour and ink, which provide a lovely medium for painting expressive botanicals and Spirit guide portraiture with ease.

A Transformational Watercolour Mentorship for your Soul.

TO REGISTER - VISIT
www.theportraitofspirit.com/watercolour

THE PORTRAIT OF SPIRIT



Connection with Spirit via Art

To discover your artistic skill, you must first try. Everyone can be an artist, but not everyone can gain success as an evidential platform medium.

You can use art to connect with Spirit and create impactful artwork that portrays the Spirit world or the visual interpretation of the Spirit world.

Anne-Marie's teaching skills will guide you **step by step**, providing specialised knowledge to enhance your watercolour painting ability. With practice, including exercises on the language of the Soul, you'll awaken the inner artist.

BITE THE BULLET - JUST GO FOR IT!



Intuitive Brushwork

Intuitive painting means listening to your inner voice as you create. Instead of following rigid rules, you allow your hand to move freely, guided by feeling and instinct.

By the end of Course 3, you'll have the confidence to enrol on the advanced level with Anne-Marie, learning how to paint intuitive paintings, which will be *exclusively offered first to the Portrait of Spirit Art students who have attended any course, any year.*

In your first session of Course 1, we explore simple brushstrokes, from broad sweeping washes to delicate fine lines.

Anne-Marie will help you to discover how the pressure of your brush, the amount of water, and the angle of your hand all shape the marks you make. You will learn how each stroke is an expression of how you feel in the moment. There is deep wisdom in painting without overthinking.



Your Spiritual Journey

By this stage, you should have formed a good impression of whether this mastery mentorship programme is the next path on your spiritual journey.

Overthinking can lead to delay, and right now, if you believe you could benefit from support as you move in a new direction of your spiritual unfoldment, then try this out. At worst, you'll leave with art skills you can use at any point in your future.

Brushwork in watercolour will help your spiritual work by encouraging a connection between your inner emotions and the outer world. This form of art is fluid and forgiving, allowing creativity to flow naturally, much like a meditative practice.

Watercolour invites you to embrace imperfection and find beauty in the unexpected. In this way, your art becomes a reflection of your spiritual journey, a canvas on which you can explore and express your evolving self.



Watercolour Challenges

Once you've signed up and chosen to participate, you will quickly discover that this is an ideal starting point to develop as a spirit artist, specifically for complete beginners or novices who have experimented a bit but lack a deep understanding of the medium. You will not be the only beginner; there will be others.

Although watercolour can be challenging in some respects, it requires mastering key skills such as managing water ratios, layering techniques, and gradient blending. On the bright side, it also provides several advantages: it is portable, cost-effective, and remarkably versatile.

By consciously deciding to invest in all three courses, you will gain a foundation of mental and emotional confidence as you learn to express both what you see and what you feel through your painting.



Layer by Layer Teaching

Course 1: Discovery of Watercolour for Spirit Artists

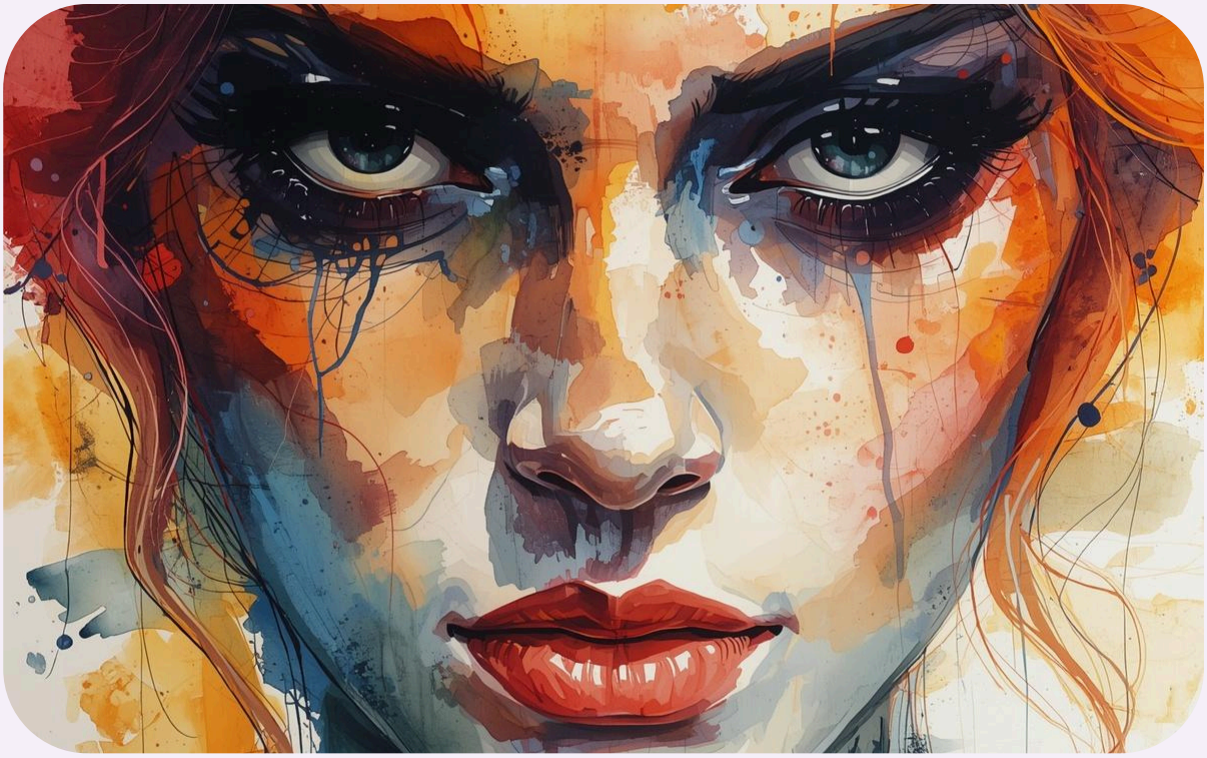
Embark on a creative journey and join others around the world who are looking for more than AI conversation and design. Let's explore your connection to Spirit through REAL artistic abilities, real talent, and real spirit connection.
There are now a number of people on social media teaching art who have no idea how to teach, have minimal art training, and teach beyond their own skill level. You need someone who can talk the talk, but walk the walk.

Anne-Marie teaches layer by layer - to teach others, ideally you would have a teaching qualification of some kind. Anne-Marie holds a DTTLS, now known as a Level 5 Diploma in Teaching (DiT)

Former students can attest to Anne-Marie's remarkable talent for **building confidence**, whether in evidential mediumship, spirit portraiture, psychic art, intuitive drawing connections, public speaking, or design. Her approach involves working layer by layer, building your confidence while guiding you through a range of skill-building exercises at a comfortable pace.

REGISTER NOW! to begin your creative adventure!

THE PORTRAIT OF SPIRIT **To reserve your spot, visit: www.theportraitofspirit.com/watercolour**



Colour & Spirit

A Transformational Watercolour Mentorship for your Soul.

Colour speaks to the Soul. Each colour (hue) carries its own energy and emotion. Warm tones like gold and rose can evoke comfort and joy, while cool blues and purples invite calm and reflection. In course 2, you will build your personal colour palette, one that resonates with your spirit.

You will enjoy exploring colour mixing, blending washes, and discovering how colours shift as they dry. Anne-Marie teaches you how to **trust your instincts** when choosing colours. The shades you are drawn to often reveal something beautiful about your inner world.

Watercolour is truly enchanting, with its vibrant essence. Incorporating watercolour into your weekly spiritual practice can be liberating, creating a connection between you and art, reducing stress, and enhancing well-being.



Join this course to begin that journey!

THE PORTRAIT OF SPIRIT



Your Journey Begins

You now have all the information needed to join this course.

Together with other students, you'll continue exploring watercolour as a spiritual practice through an exercise to discover the meaning behind the art. Remember, every painting is a conversation between you and the water.

Some days the colours will flow effortlessly, and other days they will challenge you. **Both are gifts.** Keep your brushes close, your heart open, and your spirit curious. Paint what you feel, then let the water show you the rest. This is only the beginning of a beautiful, lifelong journey of discovery through colour, water, and Spirit. Your place awaits you.

If you've already signed up for Course 1. Well done. Why not register for and take advantage of the discount by enrolling in Courses 2 and 3? *See page 18.*

To reserve your spot, visit: www.theportraitofspirit.com/watercolour



By the End of the Mentorship

Many people don’t begin the journey of art because they don’t know where to begin, how to start, or whom to learn from.

Some students give up before they've even started because they lack the confidence to begin with art. Don’t let the investment cost keep you from a path that could benefit you and your spirit team's spiritual unfoldment together. It’s a relaxing and rewarding mentorship in many ways.

If you’ve never met Anne-Marie or attended any of her workshops or classes, you’ll find her to be very supportive, professional, and has a vast amount of knowledge in many areas, not just art, mediumship, public speaking, presentations, technology, teaching, and much more. Her teaching approach is designed to fast-track your understanding in a calm, supportive, and inspiring environment where every lesson builds upon the next.

By the end of the full programme, you won’t just have learnt techniques; you’ll have created **a beautiful collection of paintings (minimum 20)** while developing a lifelong creative skill.



FINAL MESSAGE
“I don’t even know how to draw”

Final Message to You

If you have reached this point and are still unsure, ask yourself: what if, within three months of training, you were painting for Spirit? If you still hold the thought “but I’m not an artist, I don’t even know how to draw” comes to mind, and you are quick to dismiss the possibility that Spirit wants you to take this next step, then you are the RIGHT person for this mentorship.

I’m not a beginner... will it suit me?
YES! If you’re not already at an intermediate/advanced level.

Students with a little more drawing skill and at a comfort level, but who believe they would benefit from adding colour to their Spirit portraits, would also do well by joining. Truly, spiritual development and progression are not all about platform mediumship, but about developing creativity in art to discover peace, calm, well-being, and passive surrender. Excellent for those wishing to develop in trance art.

Places are limited.

Don’t miss out!


NOW IT'S
YOUR
TIME



Meet Your Art Instructor

Anne-Marie Bond

Anne-Marie Bond is a Spirit Artist, Spiritualist Medium, teacher and creative mentor with over 25 years of experience in adult education and professional training. Combining her love of watercolour with intuitive, expressive art, Anne-Marie has helped students around the world build confidence in their creativity, including those who once believed they “couldn’t draw.”
Many students have shared that their confidence has vastly improved because they felt safe under her teaching style, knowledge, and friendly, professional manner.

Known for her calm, supportive and step-by-step teaching style, Anne-Marie specialises in helping complete beginners understand how to draw spirit portraits with mediumship. Now including the art of painting watercolour in a way that feels achievable, inspiring and enjoyable. Her mentorship blends foundational technique with intuition, colour, atmosphere and spiritual exploration.

Anne-Marie has taught Spirit Art, Speaking Publicly, and Evidential Mediumship for over ten years and holds professional teaching qualifications, including the DTTLS (Diploma in Education and Training, also known as DiT) and TAP.Dip in Training Delivery, Training Design, Effective Presentation, Coaching, Design and Delivery and many more. Anne-Marie was the President of the Croydon Spiritualist Church and is currently working as a new tutor for the College of Psychic Studies. Anne-Marie is also one of the Gordon Higginson Memorial Scholarship winners and the founder of the Portrait of Spirit online Spiritual Development school, and the online Speakers service of the Assembly of Spirit Inspirations (alongside three other hosts).
Her spiritual work is separate from her 9-5 day job, where she works as a Design and Delivery e-learning specialist, creating bite-sized learning for SMEs. As you can see, her diary is full of design, art and spirit!
WEBSITE: THE PORTRAIT OF SPIRIT.

Her goal is simple:

To help you discover that creativity is not reserved for “artists” alone,
but is something already waiting **within** you.

The Portrait of Spirit



SIGN UP TODAY

Investment price on page 18

WATERCOLOUR MASTERY MENTORSHIP

DIVIDED INTO THREE COURSES

Complete just one course (or all three for a certificate)!

Course 1: (Complete Beginners) Step-by-Step Live via Zoom

03-31 July 2026 | 5 Weeks | 2.5 hrs Fridays | 7 pm-9.30 pm

Discovery of Watercolour for Spirit Artists

Build confidence with foundational techniques for spiritual and intuitive art

Session 1 will be 3 hours (includes 15 mins comfort break)

Course 2: (Improvers) Step-by-Step Live via Zoom

06 Nov to 11 Dec 2026 | 6 Weeks | 2 hrs Friday's| 7 pm-9.00 pm

Discovery of Ink & Wash Spirit Art

Explore spirit guides, nature and expressive portraiture through ink and wash

Course 3: (Activate Intermediates) Step-by-Step Live via Zoom

06 Mar to 10 Apr 2027 | 6 Weeks | 2 hrs Saturday's | 7 pm-9.00 pm

Expressive Watercolour Portraiture for Spirit Artists

Abstract exploration, spirit animals and intuitive portraiture

www.theportraitofspirit.com/watercolour

***Watercolour Mastery Mentorship Spiritual Art Certificate**

**Complete all three courses to receive your Watercolour Spiritual Art in-house certificate.*



The Three Course Watercolour Mastery Mentorship 2026/2027

Book Here: www.theportraitofspirit.com/watercolour

Mentorship Summary: This is a specially designed spiritual art watercolour mentorship. Not every session will focus solely on spirit portraits; some may explore abstract themes, landscapes, seascapes, or other aspects of nature. We encourage you to keep an open mind, as the themes of some sessions may shift based on the abilities of the class majority. By the end of **each course,** you should be able to walk away with at least 7-20 beautiful watercolour paintings, which can be used for your own personal continued practice (optional).

You may join Course 1 as a stand-alone course. You **do not** have to do all three.
You can enrol on Course 2 without having completed the group training in Course 1, but you would then need to book a private 1:1 session to gain the necessary skills, especially if you're going to obtain the certificate. Remember, this mentorship is for your spiritual connection, ability, and creativity, as well as for developing your watercolour skills. The **first session** of each course will be recorded for all students to replay until the end of that course.

To qualify for the Watercolour Spirit Art Certificate, you must complete all three courses and take a final creativity artwork assessment. If you cannot attend any of the courses due to scheduling conflicts, please arrange a private fast-track, one-on-one training session for the module you missed. This will ensure you will still qualify for the in-house certificate. The training investment remains the same; however, your training will be completed in a specialised, condensed 3.5-hour session taught by your instructor, Anne-Marie.

If you prefer not to participate in group training courses and would prefer private training, we can arrange that as well. You can reach Anne-Marie via email at: spiritualstars@gmail.com.

The Early Bird offer is based on a first-come, first-served basis. Be Quick! Reserve your seat!
Limited Availability

To finalise the mastery mentorship, students' artwork will be displayed in a live, public online gallery, and certificates will be presented to each successful student online.

Sign up and gain your first:
Watercolour Mastery Mentorship Programme Completion Certificate
Presented to students who completed all three modules (or via private training)